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ON TAP

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WEST NILE VIRUS PREVENTION

What is West Nile Virus? West Nile Virus (WNV) is a potentially serious illness. Experts believe WNV is established as a seasonal epidemic in North American that flares up in the summer and continues into the fall.

What Can I Do to Prevent WNV? The easiest and best way to avoid WNV is to prevent mosquito bites.

- When you are outdoors, use insect repellents containing an EPA-registered insect repellent.
 Follow the directions on the package.
- Many mosquitoes are most active at dusk and dawn. Be sure to use insect repellent and wear long sleeves and pants at these times or consider staying indoors during these hours.
- Make sure you have good screens on your windows and doors to keep mosquitoes out.
- Get rid of mosquito breeding sites by emptying standing water from flower pots, buckets and barrels. Change the water in pet dishes and replace the water in bird baths weekly. Drill holes in tire swings so water drains out. Keep children's wading pools empty and on their sides when they aren't being used.

What Are the Symptoms of WNV?

<u>Serious Symptoms in a Few People</u>. About one in 150 people will develop severe illness.

Milder Symptoms in Some People. Up to 20% of infected people will display symptoms including fever, headache, body aches, nausea, and vomiting which can last for several weeks.

No Symptoms in Most People. Approximately 80% of people who are infected will not show any symptoms at all.

How Does West Nile Virus Spread?

<u>Infected Mosquitoes.</u> Mosquitoes become infected when they feed on infected birds and can then spread WNV to humans and other animals when they bite.

Not Through Touching. WNV is not spread through casual contact such as touching or kissing a person with the virus.

How Soon Do Infected People Get Sick? People typically develop symptoms between 3 and 14 days after they are bitten by the infected mosquito.

What Are the Best Mosquito Repellents to Use?

A wide variety of insect repellent products are available. The Centers for Disease Control recommends the use of products containing active ingredients which have been registered with the U. S. Environmental Protection Agency (EPA).

Of the active ingredients registered with the EPA, two have demonstrated a higher degree of effectiveness. Products containing these active ingredients typically provide longer-lasting protection than others:

- DEET (N,N-diethyl-m-toluamide)
- Picaridin (KBR 3023)

For more information, please contact

www.ochealthinfo.com or www.westnile.ca.gov

TCWD'S BOTTLED WATER PROGRAM

TCWD is pleased to report that its bottled water program is meeting with great success within the community. To date, TCWD has provided its premium reserve drinking water for the following activities:

- Friends of the Library Spring Book Sale
- The Warriors' Society Mountain Bike Event
- Trabuco Elementary School PTA End of the Year Picnic
- Trabuco Canyon 4th of July Parade sponsored by the Trabuco Canyon Women's Club
- TCWD is especially pleased to have provided a District Life Scout in the Boy Scouts of America, John Drasso, with bottled water. In order for John to achieve the rank of Eagle Scout, he needed to plan and carry out an Eagle Project. For his project, he planted an area in the Rancho Cielo development. John had many people assisting him with his project, and TCWD was there to quench the thirsts of his helpers.

We look forward to assisting John's twin brother with water when he begins his Eagle Project.

TCWD is providing 1,800 bottles of its premium reserve to the City of RSM for The 2nd Annual Healthy Community Expo 5k Fun Run/Walk which will be held on September 4, 2006. A separate flyer for this event is included in the billings. And, as the schools open in the fall, we'll look forward to providing water for various school activities.

TCWD's Boardroom users also enjoy the water on an on-going basis during HOA meetings.

TCWD's high-quality bottled well water is provided without cost to non-profit, non-religious organizations for events within the areas served by TCWD. Our Bottled Water Request Application Form is located on our website – www.tcwd.ca.gov - under "Current Events".

The Regular Board Meeting is held on the third Wednesday of each month at 7:00 p.m. at the District office located at 32003 Dove Canyon Drive, Trabuco Canyon. The public is encouraged to attend.

BOARD HIGHLIGHTS

- ♦ Approved the Facilities Operation and Maintenance Agreement for the Dove Canyon Dam and Related Facilities.
- Adopted a State-mandated resolution relating to providing water and sewer services to developments that include lower income households.
- ♦ Received a status update relating to the Dry Season Water Recovery Project.
- ♦ Determined to take no position on Proposition 84, the Clean Water, Parks and Coastal Protection Bond Act.
- **♦ Conducted three Closed Sessions.**

ON TAP is published and distributed by TCWD. We welcome your comments, suggestions and questions. Please call or write

Sharon E. Smith, Editor

TCWD's ON-TAP

Trabuco Canyon Water District

32003 Dove Canyon Drive

Trabuco Canyon, CA 92679

(949) 858-0277 (Telephone)

(949) 858-3025 (Facsimile)

www.tcwd.ca.gov